

5 THINGS TO GROW YOUR FAITH

Week 1 "Prayer"

TEXT: Like newborn babies, **crave** pure spiritual milk, so that by it you may **grow** up in your salvation **1 Peter 2:2**

- PRAYER IS **COMMUNICATION** WITH GOD.

- PRAYER SHOULD BE DONE **REGULARLY**

Jesus **often** withdrew to lonely places and prayed. **Mark 1:35; Luke 22:39; Luke 5:16**

Jesus left the city and went, **as He usually did**, to the Mount of Olives ... to pray. **Luke 22:39**

- PRAYER **RELEASES** THINGS IN THE **UNSEEN**

For though we live in the world, we do not wage war as the world does. ⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

2 Corinthians 10:3-4

- PRAYER **CHANGES** THINGS

The prayer of a righteous man is powerful and effective. James 5:16

¹ In those days Hezekiah became ill and was at the point of death. The prophet Isaiah son of Amoz went to him and said, "This is what the LORD says: Put your house in order, because you are going to die; you will not recover." ² Hezekiah turned his face to the wall and prayed to the LORD, ³ "Remember, O LORD, how I have walked before you faithfully and with wholehearted devotion and have done what is good in your eyes." And Hezekiah wept bitterly. ⁴ Before Isaiah had left the middle court, the word of the LORD came to him: ⁵ "Go back and tell Hezekiah, the leader of my people, 'This is what the LORD, the God of your father David, says: I have heard your prayer and seen your tears; I will heal you. On the third day from now you will go up to the temple of the LORD. ⁶ I will add fifteen years to your life. And I will deliver you and this city from the hand of the king of Assyria. I will defend this city for my sake and for the sake of my servant David.' "

2 Kings 20:1-6

- **21 DAY CHALLENGE**

HOW TO PRAY...

9" This, then, is how you should pray:

" Our Father in heaven,
hallowed be your name,
10 your kingdom come,
your will be done
on earth as it is in heaven.
11 Give us today our daily bread.
12 Forgive us our debts,
as we also have forgiven our debtors.
13 And lead us not into temptation,
but deliver us from the evil one.

Matthew 6:9-13

Use the ACTS Model

A – ADORATION *I praise you God because...*

Give thanks to the Lord and pray to Him. Tell the nations what He has done. Sing to Him. Sing praises to Him. Tell about all the wonderful things He has done. Be glad that you are His. 1 Chr. 16:8-9

C – CONFESSION *I ask for forgiveness for...*

But if we confess our sins, He will forgive our sins. We can trust God. He does what is right. He will make us clean from all the wrongs we have done. 1 John 1:9

T – THANKSGIVING *I'm thankful for...*

Oh, how grateful and thankful I am to the Lord because He is so good. Ps. 7:17

S – SUPPLICATION *I ask you for...*

Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks. And God's peace will keep your hearts and minds in Christ Jesus. The peace that God gives is so great that we cannot understand it. Phil. 4:6-7

